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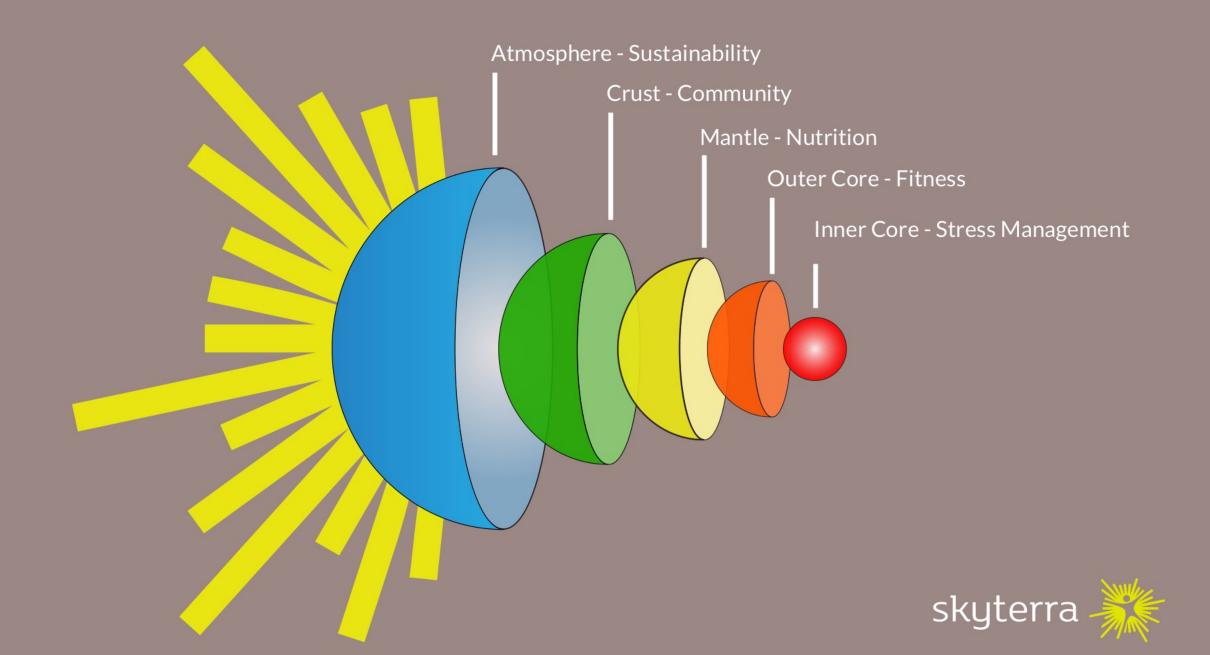






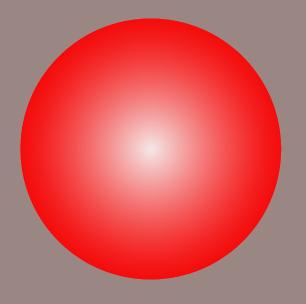
"Go forth under the open sky, and listen to the earth's teachings."

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INNER CORE Stress Management



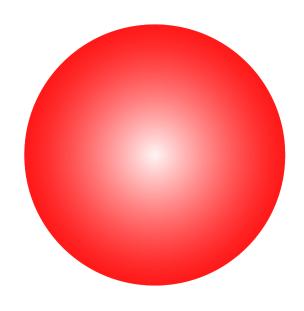






INNER CORE: Stress Management



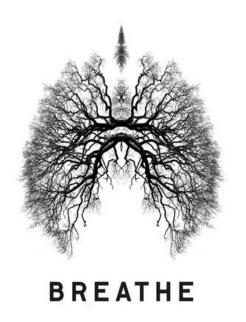


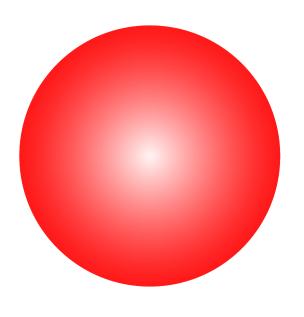






INNER CORE: Stress Management

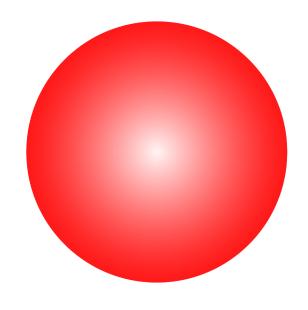






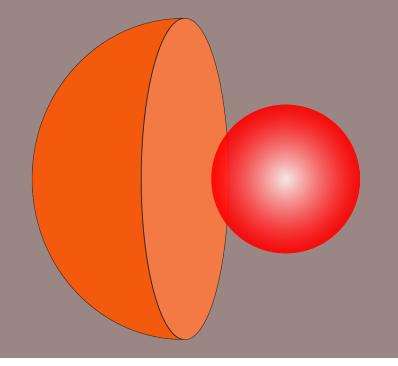
INNER CORE: Stress Management







OUTER CORE Fitness



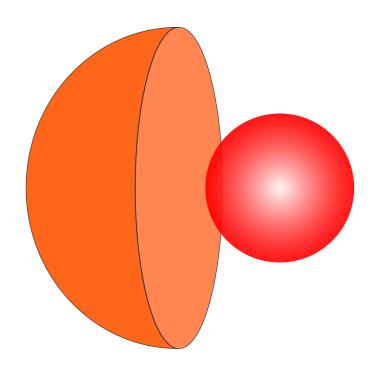






OUTER CORE: Fitness

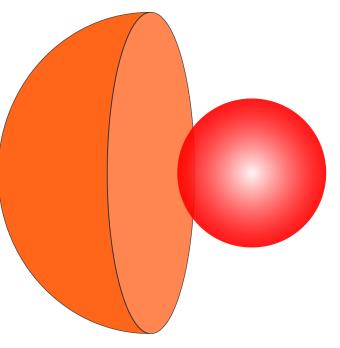






OUTER CORE: Fitness

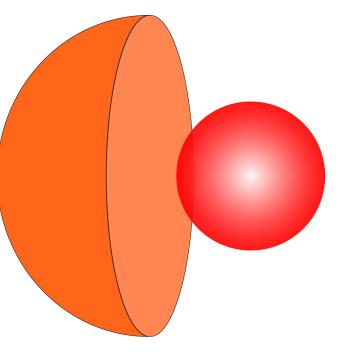






OUTER CORE: Fitness







MANTLE Nutrition



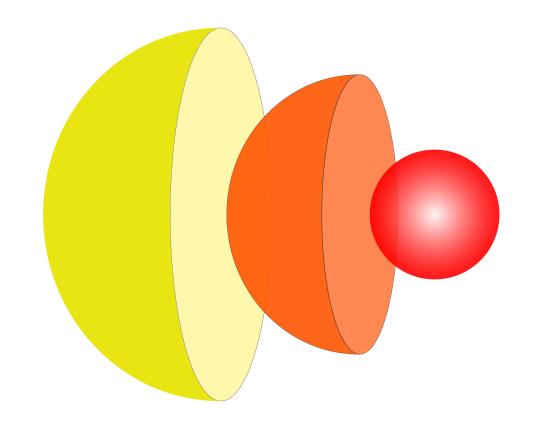
There are no bad foods. 99

American Dietetic Association



MANTLE: Nutrition

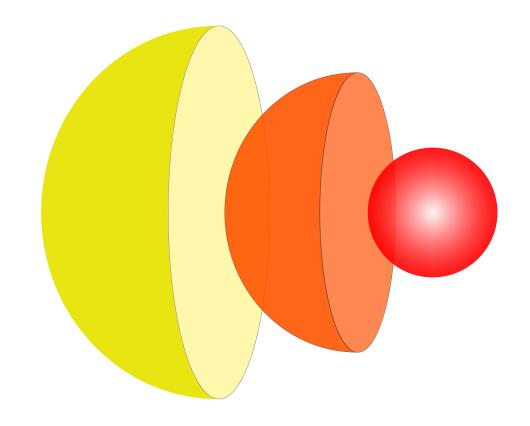






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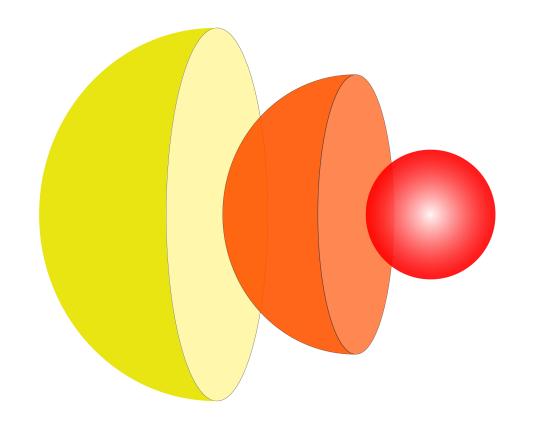






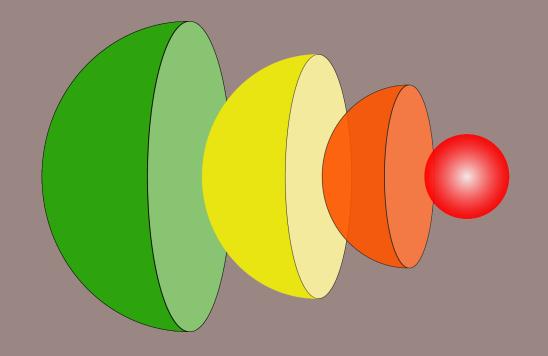
MANTLE: Nutrition







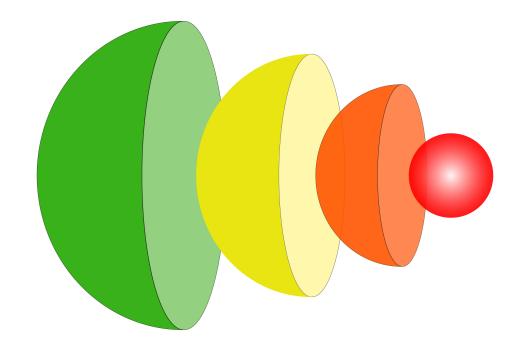
CRUST Community





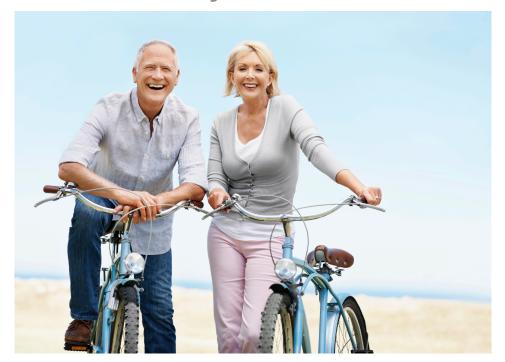
CRUST: Community

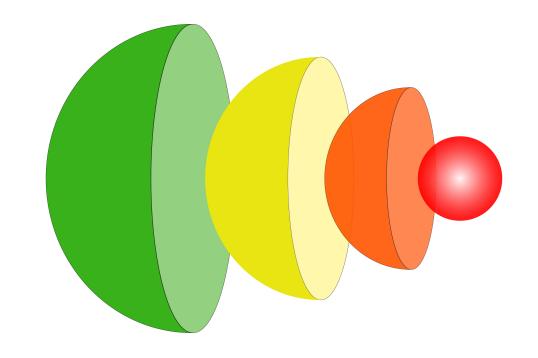






CRUST: Community

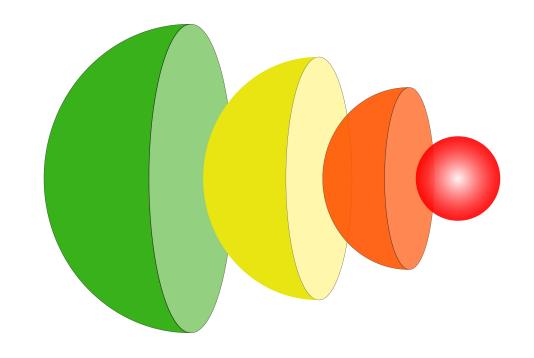






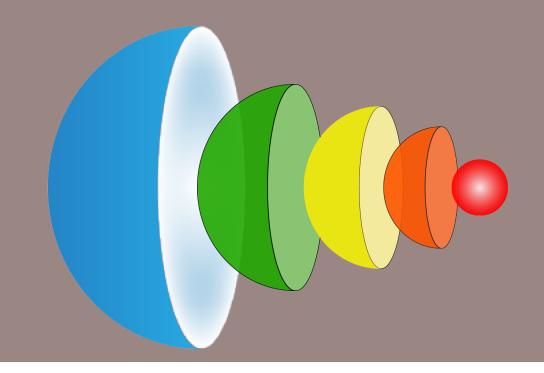
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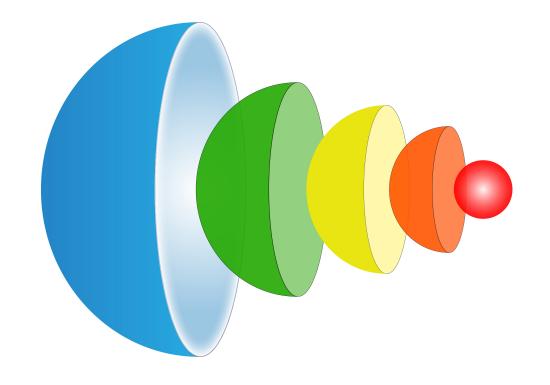
ATMOSPHERE Sustainability





ATMOSPHERE: Sustainability

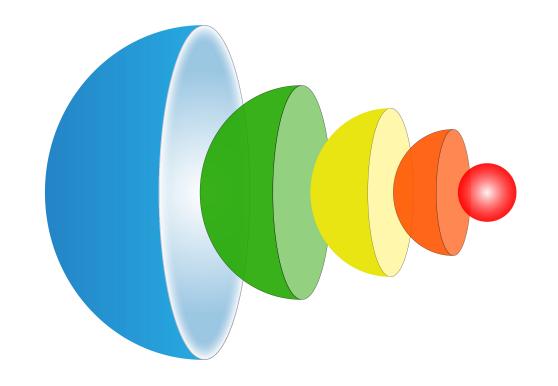






ATMOSPHERE: Sustainability

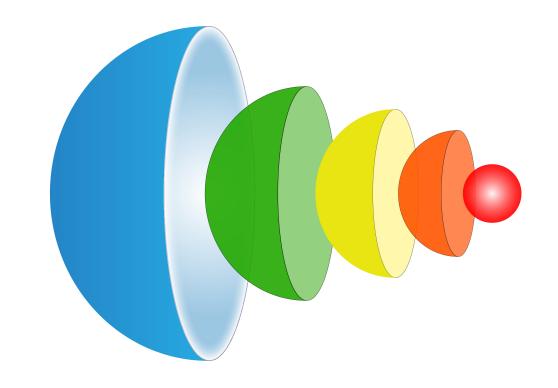




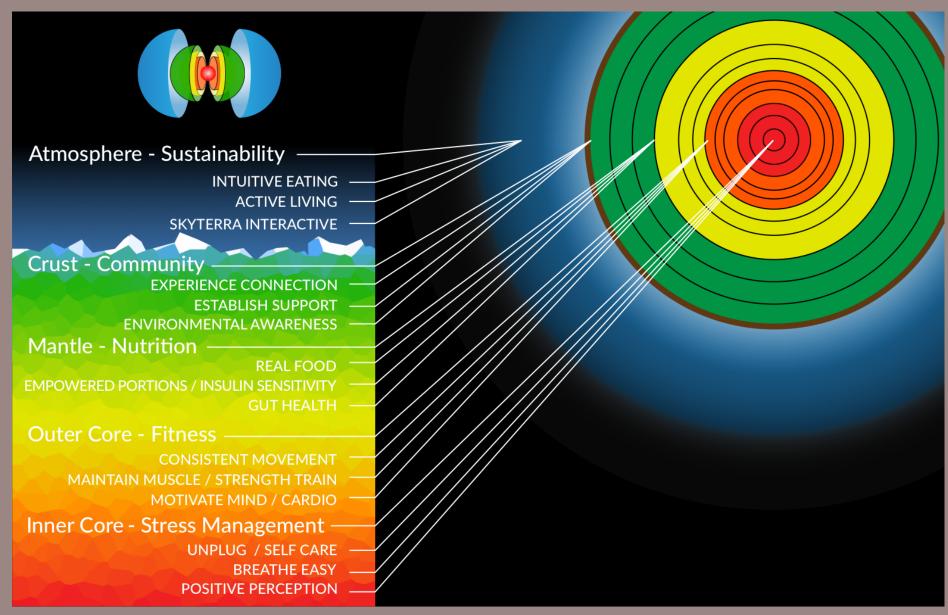


ATMOSPHERE: Sustainability











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