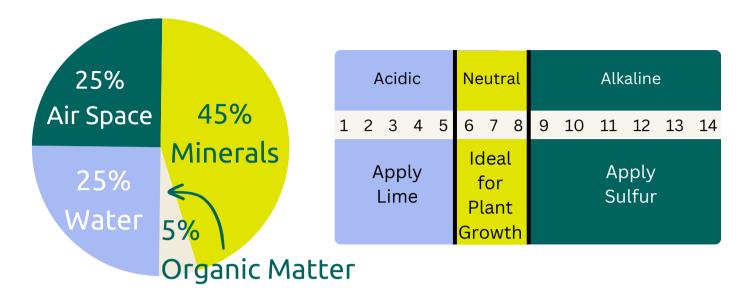
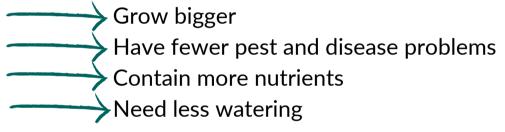
### Foundations of a Healthy Garden: Soil!



Plants grown in soil with the ideal composition will...



How can I improve my garden soil?

- 1. Classify Composition
  - Get your hands in the dirt and feel your soil! Is it sandy or clay? Dry or wet? What color is it? Are there worms or other signs of life?
- 2. Determine Deficiencies
  - You can test your soil for free from your county's Ag Extension Office
- 3. Incorporate Amendments
  - o Chances are, most problems with soil can be improved by....



## Why is Compost so Special?

Improve soil structure and increases nutrients stored in the soil!

Can hold 5x its weight in water, reducing runoff and erosion!

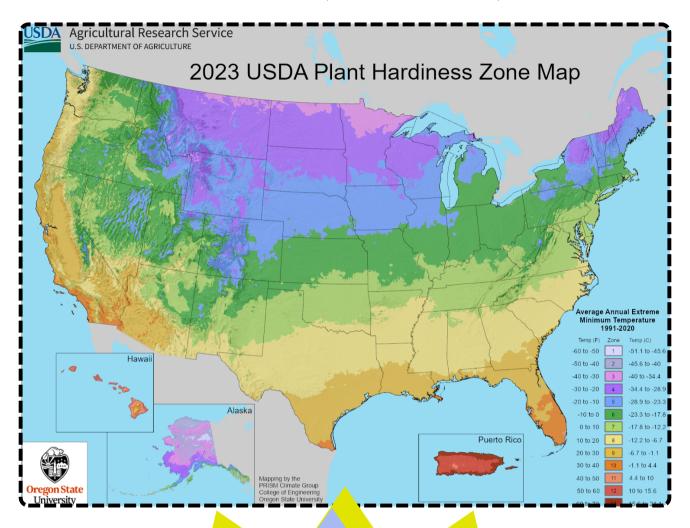
Filters and degrades pollutants, improving water quality!

Improves soil health and plant growth!





# 



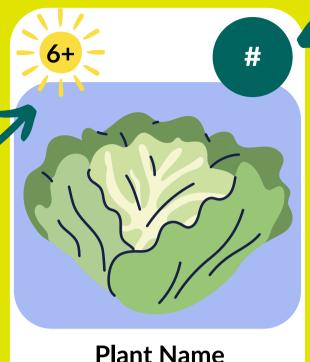
How hot or cold does my zone get on average? What are my frost dates? What plants will grow in my zone? When is the best time to plant in my zone?

Knowing varieties suited for your region will ensure greater success!

## How to read a plant tag:

**Sun Exposure:** 

# of sunlight hours needed per day



Scientific name (cultivar)

**Hardiness Zone:** climate where plant grows best

Regular watering requirements

Space is needed between seeds/plants for optimal growth

How often to supplement nutrients

How the plant grows: bushy, mounding, upright, creeping etc.

Water

**Mature Size** 



Maximum height and width when fully grown

**Spacing** 

**Cold Hardiness** 



Ability to withstand adverse growing conditions

**Fertilization** 



**Attention** 



**Growth Habit** 

Notice if the plant attracts bees and pollinators or is resistant to certain animals like deer



## All about Companion Planting

#### **Common companions:**

- · Parsley and basil with asparagus
- Spinach, lettuce, and cabbage with peas
- Corn and summer savory with beans
- Cilantro with spinach
- Onions with carrots
- · Catnip with eggplant
- Basil and onions with tomatoes
- Mint and thyme with brassicas
- Nasturtiums and radishes with cucumbers
  - Thousands of guides exist but....



#### **Scent Masking:**

Rule of thumb to deter pesky insects: Highly fragrant herbs and flowers confuse their senses!

#### Beneficial insect attractants:

- Plant us near your garden for beautiful flowers and healthy produce!
  - Calendula
  - Sunflower
  - o Dill
  - Anise
  - Coriander
  - Asters
  - Yarrow
  - Angelica
  - Chamomile
  - Goldenrod
  - Marigold and more...

